

**SUGGESTED USE:** Mix 1—2 heaping scoops into your favorite beverages or fruit shakes. Add to your favorite recipes or sprinkle on top of salads and breakfast cereals. Follow with 6—8 fl oz of water and continue to drink plenty of water throughout the day. One 5.3 oz jar lasts approximately one month when taking 1 scoop per day.

Lignans are a powerful group of phytonutrients found in plants. SDG (Secoisolariciresinol Diglucoside) Lignans are phytoestrogen antioxidants found in the hull that encases the flaxseed. Flax contains many times more lignans than any other source, including sesame seeds, grains, and cruciferous vegetables. The lignan-rich hulls are removed from the seed with a precision no-heat process. It takes approximately one bushell of flaxseed (56 pounds) to produce 2.5 to 3.5 pounds of Revii Flax Hull Lignans. This highly-concentrated natural dietary supplement contains **ten times the amount of SDG lignans per gram** as compared to traditional ground flaxseed.\*

For infants and children less than 4 years of age or if you are pregnant, lactating, taking medication or have a medical condition, consult your healthcare professional before using this product.

**\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**



# flax hull lignans

Highly Concentrated Dietary Supplement

NET WT 5.3 OZ (.33 LB) 151 g

## Supplement Facts

Serving Size – 1 Heaping Scoop or Approx. 1 tbsp (5 grams)

Servings Per Container – 30

### Amount Per Serving:

**Calories (energy) 20**    Calories from Fat 0  
% Daily Value\*

**Total Fat 0 g**    0%

**Saturated Fat 0 mg**    0%

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol**    0%

**Sodium 0mg**    0%

### Amount Per Serving:

**Total Carbohydrate 3g**    1%

Dietary Fiber 3g    10%

Soluble Fiber 1.5g

Insoluble Fiber 1.5g

**Sugars 0g**    <1%

**Protein 1g**

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

**Ingredient:** Secoisolariciresinol Diglucoside (SDG) Lignan (30–60 mg per gram)

One heaping scoop or approx 1 tbsp (5 grams) provides 150 mg or greater of SDF Lignan.

Store in a cool, dry place. Keep tightly sealed and out of the reach of children. Refrigeration is not required. Best if used before freshness date expires. Do not use if seal is broken or missing.

Distributed by:

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REV# FL-RI